

Measuring Sheet

Ten measurements, the same for everyone in the family. You do not have to get this perfect: we make you a free test garment first, and the fit is confirmed on your body before any silk is cut.

Light clothing

Measure over underwear or thin, close-fitting clothes.

Level and snug

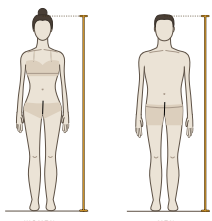
Keep the tape flat and level, snug but never tight.

A second pair of hands

Helpful for height, shoulders, back length and rise.

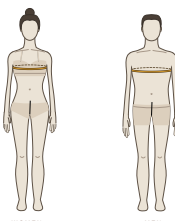
Inches or centimeters

Either is fine; tick which one you used overleaf.



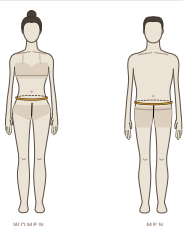
1 Height

Stand barefoot with your back against a wall and your heels together. Ask someone to mark the top of your head, then measure from the floor to the mark.



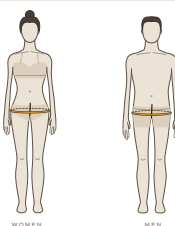
2 Chest or bust

Wrap the tape around the fullest part of your chest or bust, under the arms and level all the way round. Keep it snug, with room for one finger.



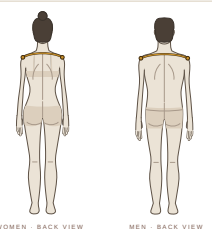
3 Waist

Measure around your body where you like your pajama waistband to sit, usually at or just below the navel. Keep the tape level and comfortable.



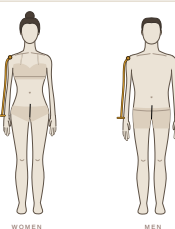
4 Hips

Stand with your feet together and measure around the fullest part of your hips and seat, keeping the tape level.



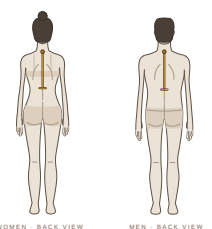
5 Shoulder width

Measure across your back from the edge of one shoulder to the edge of the other, following the natural curve. A second pair of hands makes this one easy.



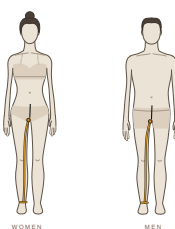
6 Sleeve length

With your arm relaxed at your side, measure from the edge of your shoulder, down the outside of the arm, to where you want the sleeve to end.



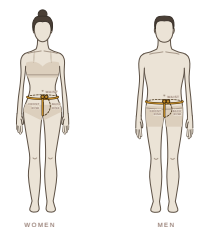
7 Back length

Tilt your head forward to find the bone at the base of your neck. Measure from there straight down your spine to your natural waist, which is usually a little above your pajama waist.



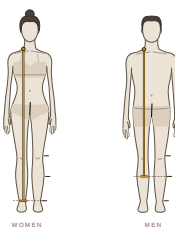
8 Inseam

Measure from the top of your inner thigh straight down the inside of your leg to where you want the trousers to end.



9 Rise

Start at your waistband height at the front, pass the tape down between your legs and bring it up to the same height at the back. Keep it close but not tight.



10 Robe length

From the highest point of your shoulder, next to your neck, measure straight down to where you want the robe to end: the knee, mid-calf or ankle.

Your Measurements

☐ Inches ☐ Centimeters Date: _____

	Person 1	Person 2	Person 3	Person 4
Name				
Garment (robe, pajama set)				
Color and piping				
Monogram initials				
MEASUREMENTS				
1. Height				
2. Chest or bust				
3. Waist				
4. Hips				
5. Shoulder width				
6. Sleeve length				
7. Back length				
8. Inseam				
9. Rise				
10. Robe length				
Robe hem: knee, mid-calf or ankle				
Anything we should know posture, a longer arm, a preference				

When you are done, send us a clear photo of this sheet with your order, or type the numbers into the order form on our website. Each person receives their own free test garment.

Keep this sheet. We keep every pattern on file, so a second robe or a new color can be ordered later without measuring again.
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